**HOUSE LEAGUE BOX LACROSSE**

**FOR 7 to 16 YEAR OLDS**

FULL EQUIPMENT IS MANDATORY  FOR ALL PROGRAMS

The House League Program is a 10 week, non body contact program of combined skills and games.  It runs two to three nights per week from the end of April to the end of June.  Teams may change over the course of the season in order to ensure they are equally balanced in skill and numbers.